



YULE BROOK COLLEGE

March 2008

NEWSLETTER

Issue 3, 2008

Principal - Mr P Billing

Our long serving P&C Treasurer resigned last week. Lynette Potts has done this job for several years and has not had a child at the school for the last two years, so we're very grateful for the contribution she has made to the school.

In fact, more than half the regular attenders at P&C meetings (even our President!) do not have children at the school.

The P&C runs the school canteen, but without a Treasurer this may not be able to continue.

There wasn't a quorum at last week's Annual General meeting of the P&C, so it was not possible to elect a replacement Treasurer. Understandably, the P&C members who are past parents are starting to question whether they want to stay connected with the Association under these circumstances.

So, please consider volunteering to assist with the P&C - at the very least by attending meetings once a month. In the past, meetings have been held in the evening at the school. However, the next meeting will be held in the afternoon just before school finishes.

Date and time are: Tuesday 6 May 2.30 – 3pm in The Library, afternoon tea will be provided.

If you have any inquiries about participating please call me at the College.

Paul Billing



30th Anniversary

Maddington Senior High School & Yule Brook College

To mark the founding of this school a celebration will be held on Saturday, 5 April 2008. Formalities commence at the school at 2 p.m. and you are invited to join us. An informal gathering in the evening will be held at Gosnells Hotel from 5 p.m. and if you wish to organise a group, you are more than welcome to book for dinner with them on 9398 2224.

If you attended either Maddington SHS or Yule Brook College, or know of any former students and staff, please let them know to keep this date free so they can join in this celebratory reunion. We are also calling for any memorabilia. Contact the School on 9251 8311 or email patricia.withers@det.wa.edu.au

Harvey Norman Armadale

An award goes to one student each month who gets invited to the Principal's Morning Tea.

You must try your best at all times and show improvement to qualify for an invitation.

One lucky person each month at the morning tea will be drawn at random to receive a great prize from Harvey Norman in Armadale.

School Nurse - Ms S James

Seasons for Growth and Rainbows-Spectrum, transforms, for the better, how students deal with change, grief and loss.

We at YBC are lucky enough to have both a Rainbows-Spectrum facilitator and a Seasons for Growth facilitator. Both programmes are education and peer support programmes that help young people manage change, grief and loss. We all experience change, grief and loss. It can be in the form of family breakdown and separation, a death in the family, friends moving on or someone becoming ill.

Both a Rainbows-Spectrum programme and a Seasons for Growth programme will

run in term 2, 2008. If you think that your child would benefit from learning skills to manage change and loss, an awareness that it is normal to experience a range of emotions around change, loss and grief, a positive sense of self and better relationships with families, friends and others then these programmes may be just the thing.

To refer a student to either programme or get further information please ring the school on 9251 8333 and speak to the Chaplain, Doug or the Community Nurse, Sue.

**Health and Wellbeing
'Tis the season.... for the growth of head lice!!!**

Yes, we have head lice in the hair of students at

YBC. A number of students in years 8, 9 and 10 have been found to have head lice. Please find in the newsletter instructions on how to detect lice and treat them. I strongly encourage all parents/caregivers to check their children's hair for head lice or eggs. If you have any questions then please give me a ring at school on 9251 8333. Remember that you don't have to treat any family member unless they are found to have head lice. No longer do you need to wash all of the linen, toys, carpets, etc. The lice survive only on the scalp as they feed on human blood. They do not have knees and so can not jump from head to head, they crawl from one hair strand to another!



HOW TO CHECK HAIR EFFECTIVELY FOR HEAD LICE

You will need:

- A metal 'nit' comb. Look for one with long, smooth, cylindrical teeth, about 1 mm apart. Your local pharmacist should be able to obtain these for you.
- A bottle of inexpensive hair conditioner. Choose one that is not 'runny'.
- Some white tissues or paper towels.
- A magnifying glass (optional).

What to do:

- Apply **plenty** of hair conditioner to the dry hair until saturated. Comb through with an ordinary comb or brush to remove tangles.
- Section and comb the hair thoroughly with a metal fine-tooth 'nit' comb in 4 directions – forwards, backwards, left, and right. Continue to section and comb the whole head like this.
- Wipe the comb on a white paper towel or tissue as you work, and when completely finished, examine your findings to check for any adult lice or hatchlings. Hatchlings are young lice that emerge from eggs. You may need to use a magnifying glass and a strong light to see lice or eggs.
- Using white hair conditioner may make it easier to see the head lice.
- When combing is completed, rinse the hair conditioner out and dry the hair.

Why use hair conditioner?

Head lice can move at up to 30 cm per minute – they rapidly run and hide from searching hands and can often be missed. Applying a large amount of hair conditioner to the **dry** hair 'stuns' the head lice and slows them down. They become trapped and can then be easily combed out with the 'nit' comb.

IF YOU FIND HEAD LICE:

If you find head lice in your child's hair, treat by continuing the hair conditioner method daily, for the next 10 days. Read the Department of Health's **Head Lice Fact Sheet** for further details (available free from the school office, or view at <http://www.health.wa.gov.au/headlice>).

You must also check all other household members for head lice, using the same hair conditioner method. As well, inform the school and any other close contacts that your child has head lice.

NOTE: Other objects in the hair can be mistaken for head lice or eggs. These include sand, cat fleas, ants and aphids or other insects, dandruff, and flakes of hair spray. If you are unsure of the identity of your findings, use clear sticky tape to fix them to a piece of white paper. You can then ask the Community (School) Nurse or the Environmental Health Officer at your local Council to check if they are head lice.

YULE BROOK FOOTBALL ACADEMY



We won all games including the Grand Final 10.8 to 2.2, Yule Brook defeating Goldfields. Well done boys! Stefan Mead was selected in the all stars team and as runner up Fairest and Best for our division. We hope to defend the title next year.

Marcus Harrold

Director

Yule Brook Football Academy